



Bells and Whistles

Algonquin Lake in the Hills Fire Rescue Newsletter

August 2008

HOT DAYS OF SUMMER!

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Chief's Corner

By Chief Guetschow

Thank You

I would like to thank all of you that worked or helped in all of the Founder's Day activities. Based on several comments the work we do is greatly appreciated. So Thanks Again!

We have looked over our program management and have made some changes. I know that both A/C Rynders and A/C Gaughan will be meeting with you as staff liaisons and at that time the budget will be discussed with you.

We have met with a consultant who will be looking into our current phone system. Once we have some basic feedback a request for proposal will be developed and quotes will be accepted to upgrade the system.

Enjoy the month of August!

ALFPD Surplus Equipment Sale

The Board of Trustees of the ALFPD have declared the following equipment as Surplus and have authorized the disposal of these items via a sealed bid process open to all employees of the ALFPD. **Prospective bidders may bid for ownership interest alone, not for the purposes of resale.** Each item has a minimum bid or reserve, which must be met. If the reserve for an



Bells and Whistles
Algonquin Lake in the Hills Fire
Protection District

Station 1
1020 W. Algonquin Rd
Lake in the Hills, IL 60156
(847) 658-8233
fax (847)854-2609

Station 2
2440 Harnish Dr
Algonquin, IL 60102
(847) 658-8224

Station 3
1691 Cumberland Pkwy
Algonquin, IL 60102
(847) 658-0930

item is not met, the ALFPD will place the items on auction utilizing the State of Illinois Office of Central Management Services (CMS) iBid system.

Item # 1 - Boat # 190 equipped with a 25 HP Envinrude motor.

(Minimum/reserve \$500.00)

Item # 2 - Boat # 191 equipped with a 25 HP Envinrude motor and trailer.

(Minimum/reserve \$550.00)

Item # 3 - Boat # 192 equipped with a 20 HP Envinrude motor and trailer.

(Minimum/reserve \$550.00)

Item # 4 - 1992 Chevrolet 2500 4X4 Pick-up Truck

(Minimum/reserve \$2,100.00)

Item # 5 - Lockers - two (2) banks of 12 metal lockers located on the mezzanine at Station 2.

(Minimum/reserve \$500.00)

All items will be sold "as is" with no warranty, real or implied.

Successful bidder will be responsible to provide either certified funds check or Cashiers check prior to claiming the property. Furthermore, successful bidder must pick up the equipment from the ALFPD.

The employee's name, the item number and description shall be placed in a sealed security envelope. Sealed bids are due into the Fire Chief's office by **3:00PM, Friday August 8, 2008.** The Board of Trustees will open the bids at the Special Meeting scheduled for 7:00 PM, Wednesday, August 13, 2008. If the Special meeting is cancelled for any reason, the sealed bids will be opened at the Regular Meeting scheduled for 7:00 PM, Wednesday, August 20, 2008.

Founders' Day

The Algonquin Lake in the Hills Fire Protection District won 2nd place in the category Civic and Municipal Participation in the Founders Day Parade! Great job!

New Businesses

Fuel Fabricators, 470 Jennings unit D, LITH
Great Lakes Electrical Supply, 9114 Virginia # 107
The Marketing Connections, 9114 Virginia #` 04

There's a New CPR

From *Newsweek*, July 23, 2007

By Joan Raymond

The good news: millions of Americans know how to perform CPR. The bad news: when confronted with an apparent victim of cardiac arrest, most bystanders won't do it because it includes mouth-to-mouth breathing.

Now Dr. Gordon Ewy, director of the University of Arizona's Sarver Heart Center, is championing a new form of CPR called cardio-cerebral resuscitation, or CCR, which focuses on rapid, forceful chest compressions, about 100 per minute, minus the mouth to mouth.

"Mouth to mouth inflates the lungs, but it's not the lungs that need oxygen, it's the heart and the brain," says Ewy. "Chest compressions alone will help save those organs."

The Sarver researchers have developed two separate CCR protocols. Bystanders who witness a cardiac arrest are urged to perform chest compressions until help arrives. Paramedics are to attempt CCR for two minutes before they use a defibrillator. Several Arizona fire departments have adopted the new approach. An analysis of that data shows survival rates have nearly tripled!

Current American Heart Association and American Red cross guidelines do recommend compression-only CPR for anyone who is unwilling or unable to provide mouth to mouth. The AHA also encourages emergency dispatchers to give instructions for compression-only CPR to bystanders at the scene of a presumed cardiac arrest. "People want to do the right thing," say Ewy, "and we are giving them an easier way to do the right thing."

Fire Prevention

The following events were originally compiled in 1996 in celebration of NFPA's centennial. Events selected and facts checked by Dr. John R. Hall, Jr. Special thanks to NFPA Life Member Walter Maybee for historical research, particularly prior to 20th century. Property damage figures are rounded and stated in estimated 2003 dollars. Incidents listed as explosions may have caused some fire loss before or after the explosion.

AUGUST

- 1 Forest fire kills 48 northeast of Massif des Aures, Algeria, 1959
- 2 Summerland Leisure Centre fire kills 50, Isle of Man, England, 1973
- 3 Warehouse fire, loss worth \$54 million (2003 dollars), Hamburg, Germany, 1983
- 4 Forest fire kills 13 firefighters, Gates of the Mountain (MT), 1949
- 5 "Indiana Dunes" tests report, leads to home detector standards this month, 1975
- 6 Motorboat fire kills 11, off Basilan Strait, Philippines, 1972
- 7 Dynamite trucks explosion kills 1,100, Cali, Columbia, 1956
- 8 Coal mine explosion kills 17, Walbrzych, Poland, 1976
- 9 Titan II ICBM silo fire kills 53, near Searcy (AR), 1965
- 10 Gateway Restaurant fire kills 22, Andover (OH), 1955
- 11 First sprinkler head patented by H.S. Parmelee, 1874
- 12 Auto parts plant fire, loss worth \$220 million (2003 dollars), Livonia (MI), 1953
- 13 National Safety Council incorporated by Congress, 1953
- 14 Frontier #1 coal mine explosion kills 99, Kemmerer (WY), 1923
- 15 In-flight balloon fire kills 5 Barrington (IL), 1981
- 16 Forest fire kills 25, Transkei Veld, South Africa, 1975
- 17 Gulf Oil refinery fire, loss worth \$44 million (2003 dollars), Philadelphia (PA), 1975
- 18 First Volunteer Fire Fighter Recognition Day is held, 1984
- 19 Forest fire kills 230 and damages 256,000 acres, SW France, 1949
- 20 Cinema Rex theater fire kills 422, Abadan, Iran, 1978
- 21 Liquid propylene tank truck crash explosion kills 12, Martelange, Belgium, 1967
- 22 British Airtour B-737 crash fire kills 54, Manchester, England, 1985
- 23 Warehouse fire kills 10 firefighters, Rio de Janeiro,

Brazil, 1959

24 Washington (DC) set afire by British troops during War of 1812

25 Washington House Hotel fire kills 12, Berkeley Springs (WV), 1974

26 Fireworks factory fire kills 23, Chiaya, Taiwan, 1958

27 Argonaut gold quartz mine fire kills 47, Jackson (CA), 1922

28 Conflagration fire destroys 44 buildings and kills 2, Hull (MA), 1923

29 Fireworks factory fire kills 27, Hong Kong, 1993

30 Select movie theater fire kills 88, Paris, France, 1947

31 In Crowd lounge fire kills 13, Gary (IN), 1968

Personnel Status

Work Comp

Kim Matz

EMPLOYEE TOTAL **81**

Officials 6

Full time 50

 Firefighter/paramedics - 30

 Firefighter/EMT - 11

 Firefighter - 3

 Salary - 4

 Civilian - 2

Part time 25

 Firefighter/Paramedic - 6

 Firefighter/EMT - 13

 Paramedic - 3

 Civilian - 3

Statistics

July 1-July 31, 2008 at noon

 Fire calls 139

 EMS calls 197

0130 58

 Station One

0151 99

0141 93

0150 03

0181 07

Station Two	
0152	83
0142	68
0162	1
Station Three	
0153	59
0143	65
Grand Total	336

Bryan Dierck's	8 years FT
John Paul Kilanski	7 years FT and PT
Andrew Pieri	7 years
Jim Piersol	7 years
Chris Bremner	2 years

Reflections

Never Too Old to Live Your Dream

By Dan Clark

From Chicken Soup for the College Soul

The first day of school our professor introduced himself to our chemistry class and challenged us to get to know someone we didn't already know. I stood up to look around when a gentle hand touched my shoulder. I turned around to find a wrinkled, little old lady beaming up at me with a smile that lit up her entire being.

She said, "Hi, handsome. My name is Rose. I'm eighty-seven years old. Can I give you a hug?"

I laughed and enthusiastically responded, "Of course you may!" and she gave me a giant squeeze.

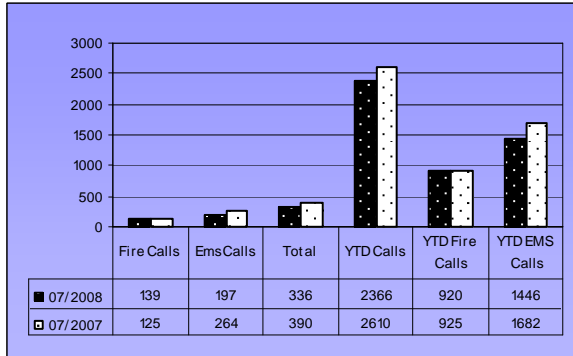
"Why are you in college at such a young, innocent age?" I asked.

She jokingly replied, "I'm here to meet a rich husband, get married, have a couple children, and then retire and travel."

"No seriously," I asked. I was curious what may have motivated her to be taking on this challenge at her age.

"I always dreamed of having a college education and now I'm getting one!" she told me.

After class we walked to the student union building and shared a chocolate milkshake. We became instant friends. Every day for the next three months we would leave class together and talk nonstop. I was always mesmerized listening to this "time machine" as she shared her wisdom and



Birthdays

August 1 st	John Knebl
August 7 th	Jay Atherton
August 12 th	Eric Kennedy
August 14 th	Jim Piersol
August 15 th	Kym Griffiths
August 19 th	Bill Neuner
August 23 rd	Michele Bauer
August 29 th	Dave Kimpel
August 30 th	Eric Surmin

Anniversaries

In August, the following people are celebrating an anniversary on the Algonquin/Lake in the Hills Fire Department.

Don Kublank	27 years
Charles Teson	27 years
Joe Teson	27 years
Mary Christiansen	16 years
Bill Todd	15 years FT and PT
John Knebl	13 years-FT and PT
Bill Pelinski	13 years-FT and PT
Jon Escamilla	10 years FT and PT
Mike Gruenes	9 years FT and PT
Matt Berg	8 years FT and PT
Steve Ciaccio	8 years FT and PT

experience with me.

Over the course of the school year, Rose became a campus icon and easily made friends wherever she went. She loved to dress up and she reveled in the attention bestowed upon her from the other students. She was living it up.

At the end of the semester we invited Rose to speak at our football banquet and I'll never forget what she taught us. She was introduced and stepped up to the podium. As she began to deliver her prepared speech, she dropped her three-by-five cards on the floor. Frustrated and a bit embarrassed she leaned into the microphone and simply said, "I'm sorry I'm so jittery. I gave up beer for Lent and this whiskey is killing me! I'll never get my speech back in order so let me just tell you what I know." As we laughed, she cleared her throat and began:

"We do not stop playing because we are old; we grow old because we stop playing. There are only four secrets to staying young, being happy and achieving success.

"You have to laugh and find humor each and every day.

"You've got to have a dream. When you lose your dreams, you die. We have so many people walking around who are dead and they don't even know it!

"There is a giant difference between growing older and growing up. If you are nineteen years old and lie in bed for one full year and don't do one productive thing, you will turn twenty years old. If I am eight-seven years old and stay in bed for a year and never do anything I will turn eighty-eight. Anybody can grow older. That doesn't take any talent or ability. The idea is to grow up by always finding the opportunity in change.

"Have no regrets. The elderly usually don't have regrets for what we did, but rather for things we did not do. The only people who fear death are those with regrets."

She concluded her speech by courageously singing

"The Rose." She challenged each of us to study the lyrics and live them out in our daily lives.

At year's end, Rose finished the college degree she had begun all those years ago. One week after graduation Rose died peacefully in her sleep. Over two thousand college students attended her funeral in tribute to the wonderful woman who taught by example that it's never too late to be all you can possibly be.